## ACTIONS RESULTS for orca and salmon

What can you do to prevent harmful toxics from polluting the waters our orca and salmon call home?

#### Shop wisely.

TOXIC REDUCED toxic flame retardants, phthalates, and perfluorinated chemicals

FOUND IN personal care products, stain-resistant clothing, electronics, furniture, and building supplies RISK TO ORCA immune systems, reproductive, thyroid, and liver

RISK TO SALMON hatch rates, development, and thyroid

learn more >> ewg.org & toxicfreefuture.org/mind-the-store



# Add a rain garden to your yard to help treat stormwater runoff.

TOXIC REDUCED PCTs (polychlorinated terphenyls) FOUND IN lubricants and sealants RISK TO ORCA reproduction and endocrine disruption RISK TO SALMON reproduction and mortality

learn more >> 12000raingardens.org



Take your old boat to the dump (and report abandoned boats).

- TOXIC REDUCED TBT (tributylin) and DBT (dibutylin) FOUND IN antifoulant paint RISK TO ORCA immune system
- RISK TO SALMON metabolic and endocrine disruption

report old boats to dnr.wa.gov



Use a commercial car wash or self-serve car-wash location. Skip the fancy coating that may contain toxic chemicals.

TOXIC REDUCED PFASs (per- and polyfluoroalkyl substances) FOUND IN soaps, detergents, and car wax RISK TO ORCA threat to food supply RISK TO SALMON tumors, hormone disruption learn more >> carwash.org/watersavers

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Make sure your car is well-maintained and free of oil leaks. 35 million quarts of oil enter Puget Sound every year.

TOXIC REDUCED PAHs (polycyclic aromatic hydrocarbons)

FOUND IN oil, gasoline, creosote pilings

RISK TO ORCA cancer

RISK TO SALMON reproduction, immune system, and metabolic disruption

learn more >> fixcarleaks.org



Throw out unused medicine after mixing with coffee grounds or cat litter, instead of flushing it down the drain.

TOXIC REDUCED Metformin, Prozac, antibiotics

FOUND IN medication

RISK TO ORCA unknown

RISK TO SALMON altered behavior and metabolic disruption

learn more >> takebackyourmeds.org



Support policy and marketplace changes to phase out organohalogen flame retardants and PFAS.

TOXIC REDUCED organohalogen flame retardants, PFAS

FOUND IN furniture, carpet, children's products, everyday consumer products

RISK TO ORCA endocrine disruption, impairs liver & thyroid

RISK TO SALMON endocrine disruption, immune suppression, impairs liver & thyroid

learn more >> toxicfreefuture.org



Go pesticide-free in your lawn and garden!

TOXIC REDUCED pesticides FOUND IN garden and lawn care products RISK TO ORCA threat to food supply RISK TO SALMON development, behavior, and reproduction





visit toxicfreefuture.org to learn more



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